Alfred Deakin High School is built on the traditional lands of the Ngunnawal people.
We acknowledge the traditional owners of this land and pay our respects to their elders, past, present and future.
FROM THE PRINCIPAL

In the next two weeks we say farewell to our two excursions: to Japan and to the Top End. Next week we farewell our Japan Excursion, led by Cameron Foster. Four staff and 28 students are departing on 17th September to 2nd October. In addition, the Top End Tour, led by Crtomir Kores, from 21st September to 3rd October, is a two week excursion for 40 ADHS students accompanied by four staff.

All ADHS staff attending – Cameron Foster, Richard Fox, Shizuko Barker and Ingrid Jaugietis on the Japan trip, and Crtomir Kores, Cara Irvine, Anissa Jones and Ziggy Mossessen on the Top End trip - are becoming very excited, counting down the sleeps before departure. We wish everyone all the very best of experiences and look forward to their return. We very much appreciate the efforts of staff at ADHS and the generous use of their own time to plan, organise, and escort students on such powerful learning journeys – thank you!

Progress reports were issued on Wednesday (10th September) and our Parent-Teacher night is on next Monday, September 15th from 4.00 – 7.00 pm. Progress reports are intended to flag any issues that have arisen over the term and help us to work together to support students. Parents have been sent a letter indicating options for bookings and that booking through SOBS (Schools Online Booking System) is preferred. SOBS is linked on our website.

In recent weeks ADHS have continued with the professional learning program linked to our Strategic Plan. Sessions have included:

- Creating multi-sensory classrooms – meeting the learning needs of all students: learning difficulties, disabilities, EALD etc
- Formative Assessment – exploring more strategies for effective student learning outcomes.

All staff are also participating in Quality Teaching Rounds (QTR) in small groups of four to observe and provide feedback on teaching through the QT Framework. Most staff report that this is an excellent process and allows colleagues to share and discuss best practice for better educational outcomes for our students.

Canteen - Volunteers Wanted!
Do you have a spare hour or two each week? Perhaps you have been looking for a way to be involved in our school community? Your time has come! We are actively looking for parents/carers to be involved in our school canteen for a few hours each week. If you think this might suit you please make direct contact with Canteen Manager Debbie Tobin on 6281 4110.

Leaving Alfred Deakin High
As a part of our forward planning for 2015 we need to make predictions about our enrolment numbers. This is critical in determining our staffing and impacts on the design of the timetable. If your child will not be returning to us next year we would appreciate early advice. We need to know the names of students definitely not returning but would also like to maintain a record of those who have tentative plans. Please contact the Front Office on 6205 5566 as soon as possible.

Coming events
I take this opportunity to remind parents/carers that 200 prospective Year 7 2015 students will be tested over two days on Monday 22nd and 23rd September. In Week 7, Term 4 we will hold the Year 6/7 Disco on 26th November. In conjunction with the Disco a GAFE info evening will be held for new parents. If existing parents would like an ‘extension’ class on GAFE please contact me with specific ideas. If there is sufficient interest we will run a parallel session on the same evening.

In closing, I am taking long service leave from this Friday, 13th September travelling through Italy and on to Germany to visit my son who lives in Hamburg. In my absence the school will be in the capable hands of David Briggs as Principal and Alex Nagy, Deputy Principal. Richard Fox will be in Japan with the school trip at the same time and I will return to work on 13th October at the beginning of Term 4.

Belinda Bartlett

ACT Public School Food and Drink Policy
Public Consultation

Opening Date: Monday 25 August 2014
Closing Date: Friday 17 October 2014 5:00pm

The ACT Education and Training Directorate is seeking public comment into the new draft ACT Public School Food and Drink Policy.

The new Policy has been designed to provide a framework for improved access to healthy food and drink choices in ACT public schools. Community members are able to provide feedback through the ACT Government’s Community Engagement ‘Time to Talk’ website at http://timetotalk.act.gov.au/
DATES TO REMEMBER

TERM 3

SEPTEMBER

Week 8
Fri 12
SRC Network Day
Outdoor Leadership Program
Expedition returns 6.00pm

Week 9
Mon 15
Parent Teacher Evening
4.00pm – 7.00pm
Wed 17
Japan Tour departs
Wed 17 – Fri 19
Youth Dance Festival
Sun 21
ACT ToMs Finals ANU
Sun 21
Top End Tour departs

Week 10
Mon 22 – Tues 23
Year 6 testing
8.45am – 1.00 pm
Wed 24
F1 Competition
Thurs 25
Athletics Carnival
Fri 26
Term 3 ends

OCTOBER

Thurs 2
Japan Tour returns
Fri 3
Top End Tour returns
Mon 13
Term 4 begins

BOOK WEEK 2014 – CONNECT TO READING

Week 5 was Book Week and here at Alfred Deakin it went off with a bang! We kicked the celebrations off on Tuesday with the reading hour. The whole school curled up and enjoyed a book which was a refreshing break from the normality of classes. On Wednesday we were lucky enough to have a visit from author Tracey Hawkins. Tracey did a presentation for 70 students called “What Writers Do”. She talked about the process of turning an idea into a story then how to get it published. Then she ran a workshop for 30 students called “Death By Lipstick” in which she taught us how to plan and write a mystery novel. Thursday was the Book Week assembly. This included a wonderful performance from the UPA class, which has become a Book Week tradition and is looked forward to each year. The assembly also included a reading and Auslan signing of Aaron Blabey’s picture book “Sunday Chutney” to mark National Literacy and Numeracy week, which everyone enjoyed. And of course there was the costume parade! Friday wrapped up the Book Week celebrations with another author visit as fantasy writer Katie J. Taylor taught 35 lucky students how to build characters and worlds for their stories. One of the most valuable lessons we took from Katie’s workshop was a lesson she learned from George R. R. Martin (author of the Game of Thrones books): Books don’t need villains and heroes; they just need well rounded human characters as everyone is made up of good and not so good attributes. It certainly gave us lots to think about.

The theme for Book Week next year is “Books light up our world” and we look forward to celebrating all things literary again in 2015!

ACT MOUNTAIN BIKE CHAMPIONS

For the second year in a row, the team of Charlie Brodie, Josh Kluken, Sean Sutherland and Euan Dwyer has won the Junior section of this event. A big thanks to Paul Brodie and Ian Richman (parents) who managed three ADHS teams on the day.

David Reeson

Last Friday the 29th August, twelve students from Alfred Deakin High School attended the ACT Schools MTB Championships. There were three teams of 4 riders. These teams consisted of (Year 7) Marcus Woodruff, Jayden Manton, Dylan Weir and Riley Richman, (Year 8) Charlie Brodie, Joshua Kluken, Euan Dwyer and Sean Sutherland, (Year 10) Simeon Alden, Sam Caton, Theo Malikides and Max Calder.
All three of these teams were required to ride a four hour mountain bike relay race. The idea of the race is to do as many laps as possible in the time given (four hours) and you may only have one person per team out at any one time.

The Year 8 team in particular had a very special day, clinching victory even after losing seven minutes on their competitors due to a flat tyre. It came down to the last lap, the 18th lap, trying to catch up to first place going into the last lap only 15 seconds down. The Year 8s just managed to pull it off with a narrow victory of only 57 seconds. Now this was quite special for them as this same team had won the exact same trophy the year before and they were very glad to hold onto it after a hard day’s work.

Charlie Brodie, Year 8

Congratulations to Anna Dixon, Ruby Freer, Jess Leitch, Anneliese Brenner, Kiera Kruttschnitt, Jilly Stors, Sophie Evans, Helena Wardleworth, Katelyn Evans, Hayley McLachlan, Emma Robinson, Jasmine Law and Holly Battisson for playing sensational football and making their way, undefeated, into the ACT Finals. The ladies will be competing at the ACT High School Football Finals on Wednesday September 10.

Dear Parents, Guardians & Students,

Please order your 2015 Jumpers and Jackets now if you wish to have one for next year:

There are three easy steps:

1) Come to the Elements room during recess/lunch, as advertised via email and the daily notices, to try on jumpers/ jackets for size (dates I have the sizing kit are: 1st – 12th September only)
2) Go online (as per instructions in emails I have sent to families and students). Log your own details of SIZE and NICKNAME.
3) Pay at Finance by COB Friday, 26 September (last day of this term) using the form I have been handing out at fitting sessions and have also emailed you.

*** The logging of sizes/ nickname online and the payment at Finance must be done by Friday, 26/9/14

If you have any queries, please contact Ingrid Jaugietis: 6205 5566
The website for ordering / logging your SIZE and NICKNAME is : http://orders.reformclothing.com

Please use this specific code for our school : A49455

Our school graduation/ leaver year is 2015.
During my week of work experience at the Land Development Agency, I learned the processes of preparing land to be sold, bought and/or worked on, as well as using programs such as ACTmapi and CAD software. This was of great interest to me as I am eager to study civil architecture and sustainable development in the future.

I was also lucky to visit the team of ESDD (Environment and Sustainable Development Directorate), which helped me understand the land requirements before housing is built, and how sustainable development works to support our future.

Whilst at work experience, the main tasks I performed included:
● Sorting large scale maps, architecture portfolios and applications
● Finding certification of land ownership and plotting coordinates of land in Canberra to be built on or removed
● Reading land release booklets and project plans
● Studying various floor plans
● Learning about the Kingston Cultural Precinct
● Visiting properties in Glenloch and Throsby to assess weed growth and grasses
● Studying residential, government, commercial and community interest in projects
● Reading about land, building and tree heritage restrictions
● Finding and plotting significant trees around Canberra
● Learning about endangered species in Canberra such as the golden sun moth
● Reading about slopes and sun angles and public safety regulations in buildings
● Reading an MOU (memorandum of understanding), and writing a minute for LDA and ESDD regarding the MOU.

Overall I thoroughly enjoyed my time at LDA. Through my experience I developed a deeper understanding of the processes before architecture commences and the many factors that can affect land development.

I strongly recommend that any students who wish to pursue a career in architecture, land development or sustainable development should do their work experience at the Land Development Agency.

Kaitlin Hargreaves Year 10
On Friday 29th August we had a number of students represent Alfred Deakin High School at the ACT public school’s creative and performing arts showcase event “Step into the Limelight” on Friday 29th August at the AIS Arena.

A number of students from Miss Appleton’s Semester One Dance Styles class performed in the dance item. Well done to the following dancers for their fantastic performance:

Ancke Diedericks  
Orla Gray  
Lizzie Nethery  
Taylah Potter

As the theme for the showcase this year was ‘Signs’ the dance piece was created to explore symbols of strength, friendship and peace through gesture, body language and relationships. In collaboration with Ms de Smet’s Semester One Painting and Drawing class, the dancer’s bodies were illustrated with symbols of strength, friendship and peace as well as printed fabric.

We also had a number of our Drama students perform too. They performed their five minute dramatic piece, which they wrote and directed themselves, titled “What would have been”. Congratulations to the following students on their outstanding performance:

Faith Dwyer-Van Dyk  
Lorna Ferris  
Aidan Smith

Our Instrumental Music Program Senior Concert Band students also performed at “Step into the Limelight”. And we would also like to congratulate them on their outstanding performance:

Emma Dunstone  
Cari Ramadan  
Bronwyn Smith

ADHS also had a number of visual art and photos entered into the Limelight which were on exhibition earlier in the term. Well done to the following students:

Emma Bentley  
Phoebe Vickers  
Mia Ashley  
Zoe Caton  
Zoe Bilston  
Isabella Hiscutt  
Sarah Putri  
Laura Brown  
Jilly Storrs  
Kayla Russell  
Kathleen Letts  
Gabriela Williams  
Ena Amenuvegbe  
Lana Samundsett  
Emma Robinson  
Siann Boustead  
Georgia Jaye  
Flora Xu  
Dayna Ransley

On Sunday 7th September 26 students attended the Southside Tournament of Minds (ToMs) competition at the Manning Clark Theatre, ANU. The students had spent six weeks solving a challenge in the Social Sciences, Maths Engineering, Applied Technology or Language Literature categories. The students attended training sessions after school in Term 2 and challenge sessions in Term 3.

This year we took four teams, one for each category to the finals. Of our four teams, 2 made it through to the ACT Finals on 21st September. They were the Maths

TOURNAMENT OF MINDS 2014

excellence  
responsibility  
community  
respect
Engineering and Applied Technology teams and the only Southside Government High School to go through. Should one or both teams achieve success, they will attend the Australasian Pacific Finals in Melbourne on 18th-20th October.

Thank you to all the students who participated, their parents and to Ms Hopman and Ms Abdine for assisting this year. We could not have come this far without your support and your generosity.

Watch this space for the results of our ACT Finalists! Go ADHS 2 and ADHS 3!

Ms Jones

MATHS FACULTY

Maths Stars recognise students who have demonstrated outstanding performance or effort in their Maths learning.

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<thead>
<tr>
<th>Year 7</th>
<th>Year 8</th>
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<th>Year 10</th>
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<tr>
<td>Ariana Khalidi</td>
<td>Zak Harding</td>
<td>Lexi Pappas</td>
<td>Ursula Taylor</td>
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<td>Zane Johnson</td>
<td>Solomon Minor</td>
<td>Aiden Clunies-Ross</td>
<td>Aislinn Smith</td>
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<td>Arun Biju</td>
<td>Bella Cremer-Harvey</td>
<td>Rachel Chopping</td>
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<td>Tulasi Sarangapani</td>
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JAPANESE NEWS

日本語 Nihongo
みなさんこんにちは！おげんきですか？
Japan Trip 2014 日本旅行
Only another 5 days to go until Narita.
Let’s count down.
How exciting! We received an e-ticket for all trippers on Tuesday.

The temperature in Japan is becoming cooler so I hope we will have pleasant days there.

A big thank you goes to Year 10 leaders who are forming the Tomioka PowerPoint presentation committee. Matilda Dowse, Lillian Rowland, Evie Friedrich, Juliet Contreras and Ruby Thomas are running group sessions to organise the presentation. Ruby, particularly, organised the PowerPoint for us.

ANU Extension Information Night for Year 10
Over 400 enthusiastic people turned up and filled Manning Clarke Lecture Theatre 2 on Tuesday, 2nd September. I saw a number of Alfred Deakin High School students who I felt very proud of. Please apply for the entrance examination online to secure your position for the test. You can change your mind if you like but it is wise to secure the seat for the test. You can book through:
http://secondarycollege.anu.edu.au/
**Y8 Tsukimi Picnic with a bento**
Monday, 8th September was a special night in Japan. The entire nation celebrated the full moon, Tsukimi. My Year 8 class enjoyed the Tsukimi Picnic on the oval on Friday, Week 7.

Year 7 classes made Yakisoba to celebrate the Moon Festival.

Shizuko Barber – Japanese Teacher

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**YEAR 10 NEWS**

**WOW, Term 3 is almost over! Where has the year gone?**

The students have been extremely busy this term. Apart from all the hard work they put into their different subjects the students have been coming to terms with what College will look like for them and what they need to start thinking about.

We had a visit from Canberra College in Week 4 to talk to the students about the different courses on offer. These include a Tertiary course for those wanting to go to University and an accredited course for those wanting a Year 12 Certificate. The College spoke about the different subjects available, how the timetable works and where students can go for help.

The students had their first grade check in Week 6. This involved the students checking their results from Year 9 and first Semester of Year 10. If they found any discrepancies they were able to lodge these and they will be checked by our staff.

The Formal committee has been very busy planning the evening. The date is set for the 9th of December from 5.30pm till 10.00pm. The students have finalised the menu, the photographer and table plans. The students are still working on arrivals, music and invitations.

On the 3rd December, the final day of school, the students will be taking part in their Farewell Assembly. Once this is over, all the students will be going to Big Splash for a celebration of their time at Alfred Deakin.

We will be having the Graduation and Presentation night on the same day, 10th December. All students will be given more information regarding the night closer to the time.

**IMPORTANT DATES FOR NEXT TERM**

- **Week 1** – 17th October: Canberra College subject selections
- **Week 2** – 21st October: Narrabundah College subject selections
- **Week 7** – 28th November: Final Year 10 grade check
- **Week 8** – 3rd December: Farewell Assembly, Big Splash Excursion, Last day of school
- **Week 9** – 9th December: Year 10 Formal at Old Parliament House
- **Week 9** – 10th December: Graduation and Presentation night

I wish you all a happy and exciting last two weeks of school and enjoy your holidays.

James Love
Year 10 Coordinator

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**ARE YOU STAYING SAFE ONLINE?**

Being safe and secure when using the internet is much like trying to stay fit and healthy; at different times throughout the year we need to protect ourselves from different challenges. As spring approaches, we prepare for hay fever and when it’s summer we take steps to protect ourselves from sun damage.
Likewise, the challenges we face from internet and mobile scams are heavily influenced by current events and yearly occurrences.

When it is time for us to complete our tax returns, we are more likely to receive scams claiming to be from the Australian Tax Office. When a major disaster or tragedy strikes, were confronted by those who claim to be charities offering a means to support victims, when in fact they are simply defrauding well-meaning citizens. We can see this currently in the aftermath of the Malaysian Airlines MH17 tragedy with people using fake social media pages to take money from people who wish to support families of the victims.

So how do we overcome these challenges? Just as we would take steps to maintain a healthy lifestyle, we need to cultivate good habits in ourselves and the children we care for to prevent falling victim to online and mobile scams.

**Think before you click**
Modern technologies have dramatically improved our ability to communicate with others, but it’s important to make sure that the speed of those technologies does not bypass our sense-checking abilities. Rather than let our emotions guide us, we need to pause and think before we click on any links in emails or social media posts. It’s much safer to cut and paste, or type the URL into the browser to make sure we end up at our intended destination.

Many scams rely on us responding straight away and may pressure us to do this by creating a sense of urgency. There is always time to read the fine print or ask someone for advice before responding.

**Do a bit of background research**
Before submitting personal information or sending money online, it is important to make sure that the organisation is reputable and the site is secure. First make sure that if you are donating money to a charity it is one that is registered and has legitimate contact information. If you can only find information about it in the email or message you have received, chances are it doesn’t really exist.

Before putting sensitive information into a web form, such as credit card or bank account details, make sure that it is hosted on a secure server. This is indicated by https at the beginning of the URL, and a padlock or green tick depending on your browser. Forms hosted on a secure server encrypt the information transmitted so that it cannot easily get into the wrong hands.

**Monitor your accounts**
A good habit to cultivate is to routinely check any bank accounts for suspicious transactions. With many of us now paying bills through direct debit and receiving statements online only, we can overlook any small discrepancies in our transactions. Regularly looking over statements and making sure they correspond with transactions can help us to identify any unauthorised payments which may indicate that our account details have been used by others without our permission.

It’s also helpful to monitor our own social media and email accounts as they too may have been compromised if we have fallen victim to a scam. Some social media accounts allow you to see which devices and locations have been used to log into the account and can help identify if some unauthorised person has accessed the account. It’s also a good practice to regularly change the passwords to accounts and make sure we use different passwords for different accounts.

**Give yourself a cyber safety health check**
Do all your devices have reputable anti-virus software installed and maintained?

Do all your accounts have strong passwords?

Are you aware of how your bank will contact you and how you will receive bills electronically?

Do you regularly monitor your accounts and statements?

Do you and your family regularly discuss cyber safety and security?

**ADHS is a member of THINKUKNOW – an internet safety program run in conjunction with the AFP**
DIABETES TYPE 1 STUDY

- Do you have a relative with Diabetes Type 1?
- Are you 1-45 years of age?
- Are you generally healthy?

You may be eligible for the Type 1 Diabetes (T1D) Prevention Trial

If you have a relative with Type 1 Diabetes, you could be at risk for this disease. Paediatric Research at Canberra Hospital is participating in studies monitoring the risk of Diabetes in relatives of T1D individuals and is offering an opportunity for you or your child to participate.

Please contact the Paediatric Research and Clinical Trials Unit at The Canberra Hospital on 61747600 for more information.

This study has been approved by the ACT Health Human Research Ethics Committee.
The ACT Junior Chess League presents the

OCTOBER HOLIDAY BOOT CAMP – ALLEGRO CHESS –
a fun school holiday chess to warm up for Australian ACT Juniors

Don’t miss out! This Allegro Chess on Wednesday 1st October at Campbell High School is an excellent opportunity to practice and warm up (plus catch up with friends) for players playing in the ACT Junior championships (Week 2) – or even if you’re not – this fun event is for you!

Thursday 2nd October Coaching and Transfers day - A fun school holiday Chess day - to learn to play chess like a Champion in the morning and play Transfers in the afternoon.

For planning purpose, please register early to avoid disappointment or send expression of interest to play as soon as you can. Thanks. Please send entries to: emma.guo@actjcl.org.au with your child's name, date of birth, school attended, current school year and a contact no. where a parent can be contacted.

ACT Junior Chess League presents the

2014 ACT Junior Championship
Wednesday October 8 – Friday October 10

The ACT Junior Championship is our major junior chess tournament for the year. It is a three-day rated tournament, played with long time controls 60 min per player per game plus 30 seconds a move from the start.

Wednesday 8th October registration 9.00 am. Play by 9.30am. Thursday and Friday play will start at 9am. Players may request any number of byes before the commencement of play. Byes will not be granted in the final round. Presentation at 5pm, 10th October.

For planning purpose, please register early to avoid disappointment or send expression of interest to play as soon as you can. Thanks. Please send entries to: emma.guo@actjcl.org.au with your child's name, date of birth, school attended, current school year and a contact no. where a parent can be contacted.
Being a parent is the hardest job we’ll ever have. All parents at some time experience difficulties and stress.

Parentline ACT is a confidential, anonymous telephone counselling and information service. Phone Parentline if you would you like:

- To talk with someone about those parenting issues.
- Help with some ideas on raising children.
- Support in the important job you are doing.
- To know what is available for parents, teenagers and children.
- To build better relationships in your family.
- Help to understand your child or teenager’s behaviour.

Parentline ACT
Monday to Friday (except on public holidays), 9am to 5pm.
Phone: 6287 3833