DEAKIN PANTHERS HEAD TO SYDNEY AND RUN THE CITY 2 SURF
This week I hosted visitors from other ACT high schools, and teachers from Italy visiting Australia in their summer break who were taking a close look at Yarralumla Primary School’s bilingual program. I arranged for them to tour ADHS and observe some teaching and learning experiences for half the day. The Italian teachers also visited our small group of Year 7 Italian language students and delighted in spending time speaking with students in their own language again! Each group of teachers walked away commenting on how bright and vibrant the school felt and how keenly our students were engaging with their learning. They also were highly impressed with the extensive use of ICT throughout the school and the very obvious professionalism of our staff.

The Disability Awareness Program (DAP) has been a joint venture with The Woden School (TWS) for over eleven years. It provides opportunities for our Year 10 students to ‘buddy’ with a student from TWS and spend time together getting to know each other. In 2014 we are extending this Program and it now includes:

- Hosting The Woden School (TWS) disco last Wednesday at lunch time - 70 very excited TWS students were joined by their ADHS Year 10 Buddies to dance to music provided by the DJ - a great time was had by all.
- Assisting in the transition to College - in Weeks 6 -10 this term TWS students will be attending selected classes at ADHS with their ‘buddies’.
- Inviting TWS Year 10 students to attend the ADHS Year 10 Formal at Old Parliament House.

Congratulations to AEU Public Education Excellence Award nominee Cameron Foster. Cameron has been nominated for his visionary work in embedding Google Apps for Education (GAFE) and online learning to ADHS. His inspirational work in teaching students, and capacity to bring 100% of staff and students on board by the end of last semester is outstanding. Cameron’s expertise is frequently sought by other ACT schools and at conferences. We are privileged to have Cameron here at ADHS and look forward to the awards evening on 11th September.

We are very excited to announce the ADHS Parent Portal is now LIVE! Entry is via the large ‘Parent Portal’ button on the website. The Parent Portal provides viewing access to each of their child’s subject folders in the GAFE platform and the work contained therein. This allows parents to track progress on assignment completion, assignment sheets from teachers, completed assignments and a range of other activities undertaken in and out of the classroom.

To access, parents will need:
- Their child’s name (firstname.lastname)
- Their child’s student ID number (without the zero at the front)

All parents have been advised by email of the Parent Satisfaction Survey. I really encourage your participation in the survey which asks questions about your satisfaction with our school. The survey results will contribute to the school improvement process and will help us to understand areas where we are doing a good job and areas for further development.

All students can now access the Student Connection Team through an online referral form recently sent to their Google account. Any students with issues that they would like to talk to someone about are able to access this service. Currently, all students may speak directly to any member of staff who will then direct them to the most appropriate member of our School Connection Team. The Online Referral initiative is an additional method in this on-line world. The referrals are delivered online to two key members of the team who monitor it and take appropriate action. All staff involved in the Student Engagement Team now have their photos and their roles displayed outside the e-Hub for the information of students.

Elective Selections 2015 is now underway and there is important information contained later in this Digest concerning the process, and information sessions for students have been advised. Information/help desk sessions to assist parents understanding of the process, and to ask questions will be held in our e-Hub on Thursday 28th August from 3.30 – 5.30 pm.

There are two new elective offerings in the Arts for 2015
- Music Industry (Digital Music Production and Studio Recording)
- Digital Visual Arts

Our popular Formula 1 elective in Technology will now continue after a very successful trial and Italian will now be offered to both Year 7 and Year 8 students.

Further, a new elective/program is currently being trialled with a select group of Year 7 boys. The program is titled Outdoor Leadership Program OLP. OLP will use outdoor adventure activities as...
the vehicle through which learning occurs. It will challenge students physically, emotionally and socially. Topics such as resilience, effective communication, healthy risk taking, healthy lifestyles, adventure, leadership, trust, tolerance and clear goal setting will be covered throughout the term.

This week we celebrate Book Week and next week is Literacy and Numeracy Week. The theme this year is **Connect to reading** and all week we have been engaging in a range of activities to encourage student participation in the wonderful world of reading including:

- Photo bombing: connecting to what each other is reading!
- Scheduled whole school reading hour
- Book week/Literacy and Numeracy focussed Assembly
- Author visits
- Author Tracey Hawkins presenting two workshops to our Years 9 & 10 students titled ‘What Writers Do’ and ‘Death By Lipstick’
- Author Katie J. Taylor hosting a workshop ‘Creating Characters and Worlds’ for Years 7 & 8 students.

We are privileged to have the energy of Katrina Schubert, our teacher/librarian and thank her for coordinating and publicising the events. Details are linked on our website, on Facebook and Twitter.

Congratulations to **Jazmin Newton-McKay** who has been selected for a YFU student exchange program in County Waterford, Ireland. Her trip is for three months and she will rejoin her Year 10 group just before the end of the year. She will be attending school at St Paul’s Community College.

**Additions to our school parent community!!**

- Congratulations to Hayley and Matt Gannon on the recent birth of April
- Congratulations also to Cathie and Craig Smellie on the birth of Alex Joseph – now there are three ‘Alex’s’ in Maths!

**Staff Changes Term 3**

Welcome back to Sebastian White who has just returned to ADHS after a year of travelling overseas. Karen Tuhan is taking long service leave for 5 weeks this term, and Cameron Foster has been selected to act in the SLC position for HaSS during her absence. Kirsten Bedggood is on leave currently, and Jenny Bodell is acting SLC for Languages until Kirsten’s return. Phil Webb is also on leave and we have asked Vanda Jahnke, an experienced Maths teacher, to take his classes until he recovers from foot surgery.

Belinda Bartlett
Students who are considering undertaking Tertiary study in Canberra are invited to attend the Open Day at our Tertiary Institutions. This is a great chance to ask questions about future courses, meet staff and students, and get a feel for a campus. This may inspire you and help you find out what you can and want to do with your future. Go along and have a fun day.

**ELECTIVES 2015**

The Year 9 and 10 elective program is a feature of the ADHS curriculum, allowing students to select from a wide range of specialist courses. Information meetings for students in Years 8 and 9 will be conducted this week and early next week. During this time, students will receive instruction on using the online WebPreferences site to make their selections for 2015, as well as specific information on the various courses. The elective selection process for students moving from Year 7 to Year 8 in 2015 will commence in Term 4.

Early next week students will receive their WebPreferences access guide, which contains a unique student access code and a set of instructions. Students will be able to use this to log in to complete their selections for 2015. A receipt will need to be printed and signed by parents before being returned to Central for verification. The WebPreferences portal will be open until Friday 5th September. Opportunities will also be provided for students to access WebPreferences in the computer labs during lunchtime.

Detailed information on the elective program can be found in the Course Information Booklet, accessible from the schools webpage or through WebPreferences. Students are encouraged to speak with Executive Teachers from the respective faculties for further information. There will also be a Help Desk running from 3.30 – 5.30pm on Thursday 28th August in the e-Hub for students and parents requiring assistance.

**Electives 2015 Key Dates**

- Student information sessions – 22nd – 25th August
- Web Preferences access guide – distributed to students Monday 25th August
- Web Preferences portal open – Monday 25th August – Friday 5th September
- Help Desk – Thursday 28th August 3.30 – 5.30pm

Alex Nagy
Executive Teacher MAZE
David Briggs
Deputy Principal

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**PANTHERS CAMP 2014**

On Saturday 9th August, 48 Year 9/10 boys assembled at school for our annual PANTHERS City to Surf pilgrimage to Sydney. Sunday morning found us running the 14km to Bondi with 80,000 other people. Notable times under the 60 min mark were Lachlan Morgan 58.58 and Charlie Jackson 59.20. Many students also completed personal bests and the team was placed 8th overall in the Open Men’s division which is a great achievement for a school group. Other activities over the days that followed included a Rehab swim at Olympic Park, Monster Skate Park, Manly Ferry, Paddy’s Markets, Churrasco Brazilian Meat Restaurant and Laser Skirmish. The students arrived home exhausted on Tuesday evening, but better personally and collectively for the experiences.

Brendan Magee

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**CAREERS**

**Careers in History, Creative Arts and Culture Day Out 18th September**

Four of Canberra’s leading cultural institutions have come on board to provide students with an exciting opportunity! Students will visit the National Archives, the Legislative Assembly, the National Portrait Gallery and the Museum of Australian Democracy. This is a chance to find out what careers are offered in these institutions and should be a great day. Expression of Interest forms can be obtained from Mrs Bowen.

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**MATHS FACULTY**

Congratulations to The 148 Maths Competition Entrants, a school record!! And congratulations to Mrs Philip for her organisation of the event.

**Maths Stars** recognise students who have demonstrated outstanding performance or effort in their Maths learning.

**Year 7**
Gabby Iceley
Samantha Nethery
Nicole Byron
Courtney Smith
Darrica Hac
Lachlan Rowe
For work experience, I went to ANU School of Biology. I chose to go there because I have a love of biology and I was intrigued to see a fully-functioning biology lab. For the entire week, I followed different people around and helped them out with all of their experiments. I got to observe the culturing of many parasites, such as Plasmodium, the parasite involved in Malaria, and Toxoplasma gondii. I also got to use and count parasites underneath a very large, very expensive microscope. The only thing I was restricted from was handling radioactive material and the parasites. If you love biology and working in labs, I highly recommend going to the ANU Research School of Biology for your work experience.

Maddie Hepner

Congratulations to the following students who had their work shown at the Limelight art exhibition at the School of Art gallery space at the ANU:

Zoe Caton Yr 10  Lana Samundsett Yr 10
Zoe Bilston Yr 10  Emma Robinson Yr 9
Isabella Hiscutt Yr 9  Siann Boustead Yr 9
Sarah Putri Yr 10  Georgia Jaye Yr 10

Students in photography and textiles also had work exhibited. The students were:

Emma Bentley Yr 10  Katie Letts Yr 10
Phoebe Vickers Yr 9  Gabriela Williams Yr 9
Mia Ashley Yr 9  Ena Amenuegbe Y9
Laura Brown Yr 10  Flora Xu Yr 10
Jilly Storrs Yr 10

The 2014 School Satisfaction Survey for Parents and Carers is now open. If you have not already completed the survey, please do so by Friday 29 August 2014. A letter about the parent and carer survey was emailed
to parents and carers or sent home with students. If you do not have a letter for each child in your family, please contact the school office. The letter contains all the information you will need to complete the survey.

Thank you in anticipation of your participation in this important school survey.

The key results from the 2013 School Satisfaction Surveys have been published in a brochure which is available at www.det.act.gov.au

### INDONESIAN CORNER

#### POJOK BAHASA INDONESIA

Sunday 17th August was Indonesian Independence Day. Happy Independence day to our Indonesian families and students, as well as to the students of Bahasa Indonesia!

Indonesia has been an independent republic for 69 years and celebrations were held all over the more than 17,000 islands that make up one of our closest neighbours. A typical flag-raising ceremony was conducted at the Indonesian Embassy in Yarralumla, which involved several of our students. As well as formal ceremonies, Indonesian people like to celebrate this special day with fun games, competitions and other activities. Whole villages turn out to watch, join in and cheer for their friends. At Alfred Deakin High School, studies of Indonesian are going very well, with students bravely creating new language and learning Indonesian line dances. Our senior class has made successful visits to Curtin Primary School and I was proud to accompany them. It is a great pleasure to be back at ADHS and I look forward to a great Semester 2! Salam dari Ibu Kirsten.

Kirsten Stobbe
Indonesian teacher

### GAFE @ ADHS

Let’s do some time travel.

Let’s go to the future: the year 2024. That is the year that our current Year 7s will begin their careers after completing an undergraduate degree at university. How will their lives as workers, friends, citizens, travellers and dreamers use technology to improve their lives? And the question we at ADHS have to ask, is how can we prepare them to take full advantage of their skills and passions? We have probably got the best access in the ACT to humanity’s most diverse and exciting invention, the internet.

To drag you back to 2014, it has now been one year since we started going fully Google at ADHS. We’ve have had amazing success in a wide range of activities across the school including sports sign-up, assignment collaboration, online tests, Daily Notices, and personalised real-time assessment calendars. In a survey of students, 80% reported that Google Apps for Education (GAFE) has improved how they learn. This is great news and aligns with the fact that our school is leading the ACT in the deployment of a platform that allows more efficient, effective and collaborative learning.

Our latest achievement is the new Parent Portal. By going to the link below (http://parent-portal.appspot.com/actetd.com) and entering in your child’s name and student ID number (without the zero at the beginning) you’ll gain access to all their work in their Google Drive. Parents will only have ‘viewing rights’ to the material. At this stage we are still in trial stage so if you have any feedback about how it works (or not!) please contact me at cameron.foster@actetd.com.

See you online.
Cameron Foster

### GIRLS IN TRAINING BOOT CAMP

Girls in Training Boot Camp has been running every Monday after school from 3.30-4.30pm over the last
Students who attend describe the boot camp as lots of fun in a pressure free and motivating environment. We are excited to welcome mums to come along with their children to join in. This week we had Sarah from Year 7 bring her mum Leah and Noora of Year 9 brought along her Aunt Fiona.

If you are interested in joining your daughter and would like more information, please contact Lydia Stove on 6205 5566.

On Wednesday 30th July, ADHS Sports Coaching students assisted with the Hughes Primary School Athletics Carnival.

The staff and, most of all, the students of Hughes Primary School were grateful for the hard work of ADHS students on the day. The following students should be congratulated on their efforts with helping out on the day.

Lachlan Morgan  Andrew Hosking
Tom Perez      Sam Caton
Chris Perryman  Jas Christian
Evelyn Pappas

Wool for school is a national competition for students with a flair for design. This year students were asked to pick a decade from the 60’s onward to inspire their design. Isabella Hiscutt in Year 9 chose the 70’s to inspire her design. Congratulations go to Isabella on becoming a finalist this year. This is a great achievement and she is the only student from a public school in the ACT to reach the finals.
ACTION encourage parents and students to familiarise themselves with changes and new school service network routes, maps and start/finish times, available on the ACTION website. www.action.act.gov.au.

A dedicated schools information hotline has also been established to handle enquiries, call 6205 5033, Monday to Friday 8am – 5pm until Friday 12 September.

The start of the new network coincides with the start of the NXTBUS system, which allows for buses to be tracked via online, SMS, phone and digital displays. To use the NXTBUS system visit www.action.act.gov.au/NXTBUS

Revised bus route information is available at the Front Office.

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<td>653</td>
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<tr>
<td>491</td>
<td>Goes direct to Woden Bus Station. No longer servicing Garran. Students can use school route 508.</td>
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<td>493</td>
<td>Now terminating at Farrer shops.</td>
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<td>508</td>
<td>No longer servicing Woden Bus Station. Now servicing Phillip. Students to use school routes 455 and 491.</td>
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<tr>
<td>512</td>
<td>Now servicing Garran Primary and St Peter &amp; Paul Primary School. Service now terminates at Wanniassa shops. No longer servicing Kambah and Gleneagles. Students to use school routes 455 and 491 to Woden Bus Station and connect with routes 60 and 62.</td>
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A number of students from Miss Appleton’s Semester 1 dance styles class will represent Alfred Deakin High School in the ACT public school’s creative and performing arts showcase event, ‘Step Into The Limelight’ on Friday 29th August at the AIS Arena. The theme for the showcase this year is ‘signs’ and as such a dance piece has been created to explore symbols of strength, friendship and peace through gesture, body language and relationships. In collaboration with Ms de Smet’s Semester 1 painting and drawing class, the dancer’s bodies will be illustrated with symbols of strength, friendship and peace as well as printed fabric. We would love to see some friendly Deakin faces in the audience! Tickets to the gala performance are available through Ticketek.

On the 6th, 7th and 8th August Ms Stewart and Mr Fox took 23 students in Years 8, 9 and 10 to Thredbo for three days of skiing and snowboarding. The group experienced three beautiful sunny days with excellent
snow conditions and participated in one lesson from an instructor each day. There were 15 first timers on the trip and every student made great progress and were going down some of the more difficult runs by the last day. Each day was finished with a recovery session at the Thredbo AIS Indoor Pool and then students spent time back at Bungarra Alpine Centre in Jindabyne for the evening. The trip was great and every student had fun learning and challenging themselves with new skills.

Ebony Daniells-Piubello

CONGRATULATIONS

Congratulations to Benton Adams-Walker (Year 10) and Thomas Adams-Walker (Year 7), who along with Elena Hood (Year 10, 2013) performed recently in Warehouse Circus’ production REFRACT. The Warehouse Circus Advanced Performing Troupe created an extraordinary original production, learning to trust themselves and each other to perform complex juggling, acrobatics, tumbling, trapeze and many other circus stunts. Look out for more information on Warehouse Circus and the talented ADHS members.

JAPANESE NEWS

日本語 にほんご Nihongo
みなさん、こんにちは！ おげんきですか？

Japan Trip 2014 日本旅行
Only 26 days to go!
Two big Typhoons recently hit Japan and our sister school in Anan, Tokushima Prefecture experienced floods and evacuation. Fortunately, everyone is safe and waiting for us in September. Our students and the host buddies are exchanging emails and building a bond between them.
ANU Extension Information Night for Year 10
The annual information night for Year 10s has been scheduled for 6.30-7.30pm on Tuesday, 2nd September this year. The venue is Manning Clark Lecture Theatre 2. Alfred Deakin High School sends a large number of students each year; there were nine students in 2014. ANU Extension is expanding; two new subjects are going to be added to the current seven subjects and start in 2015. Everyone is welcome. [http://secondarycollege.anu.edu.au/](http://secondarycollege.anu.edu.au/)

Iori Plus Excursion for Year 10
The Year 10 class made an excursion to Iori Plus to practise ordering food and eating using Japanese manners.

Shizuko Barber – Japanese Teacher

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STUDY TOUR DETAILS
Up to four winning students, accompanied by two ACT teachers, will represent the ACT on a funded 14 day Study Tour of Turkey, including Istanbul, Troy and the Gallipoli Peninsula, from 16 to 29 April 2015. The group will travel with a battlefield tour specialist, visit World War I commemorative sites and celebrate the centenary commemorations for ANZAC Day in 2015, at either ANZAC Cove in Gallipoli, or the Battlefields of France, subject to the Commonwealth Department of Foreign Affairs and Trade’s travel advice.

CONTACT DETAILS
For further information, please contact Cameron Foster on 6205 5553.

2014 ANZAC Spirit Prize winners at the Australian Lone Pine Service at Gallipoli

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ACT CHIEF MINISTER’S ANZAC PRIZE 2015 COMPETITION

All students in Years 9 and 10 are invited to enter the ACT Chief Minister’s ANZAC Spirit Prize 2015. The competition is running as part of centenary commemorations of the 1915 ANZAC Landing at Gallipoli. All ACT students in Years 9 or 10 in 2014, aged between 14 and 17 years of age, are invited to participate in this competition. Students who competed in previous competitions are eligible to re-apply unless they were previous winners. Students are required to submit an original, creative response addressing the competition task. Information about the competition, including the Itinerary, Terms and Conditions, the Student Entry Form and the Assessment Rubric are available on the ACT Education and Training Directorate’s website: [http://www.det.act.edu.au/act-chief-ministers-anzac-spirit-prize-2015](http://www.det.act.edu.au/act-chief-ministers-anzac-spirit-prize-2015).

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CYBER SAFETY

Smartphone apps can be a nightmare for parents. Here’s an updated list of the latest and most problematic of the popular apps.

**Instagram**

**Age requirement 13+**

Instagram is an online photo/video sharing site that has a social networking feature. It allows users to take pictures and videos, apply filters to them, and share them on a variety of social networking services. Kids seem to want lots of people 'following' them on the site so allow unfettered access without thought to the sorts of people that may want to grab a copy of the picture posted. If location services are set to 'on' on your device then the GPS position of where you were when you took the picture is easily obtained. It’s also used for cyberbullying. It is a fun way to share if over 13 and used correctly with full privacy settings enabled.
Qooh.me
Age restriction 13+
Qooh.me is a social site that allows people who find you interesting to ask you anonymous questions so they can know you better. In the same vein as Ask.fm and Formspring.me/Spring.me, anything that promises or suggests anonymity is highly problematic.

KiK
Age restriction 17+
KiK is a messaging app that is highly appealing to kids because it is free and no phone number is required as users choose a user name. Communication is via any Wi-Fi network so calls/texts do not come out of phone credit. It is the number one app for causing problems in schools at the moment as younger kids are using it often behind their parents’ backs and it is often linked to an Instagram account. Police around the world regularly warn about this one. One to avoid. Not rated as suitable for 17+ for nothing!

Snapchat
Age restriction 13+
Snapchat is a photo messaging app which allows users to take photos, record videos, add text and drawings, and send them to a controlled list of recipients. These photographs and videos are known as “Snaps”. Users set a time limit for how long recipients can view their Snaps and this can be from 1 to 10 seconds. After this time they will be hidden from the user’s screen, but are totally retrievable if required. Known as the ‘safe sexting’ app, Snapchat if used to send fun harmless photos is fine, but when kids and teens use it to send inappropriate or revealing pictures it causes serious problems for those involved.

Omegle
Age restriction 17+
Omegle is a free online chat website that allows users to communicate with strangers without registering. The service randomly pairs users in one-on-one chat sessions where they chat anonymously. Its tag line is ‘talk to strangers’. Even primary kids know about Omegle so be warned. Anything which has the following disclaimer on its own website should be avoided at all costs. "Use Omegle at your own peril", enough said.

Ask.fm
Age requirement 13+
This is a Latvia Based social networking site where users can ask each other questions with the option of anonymity which almost all users on this site do. It was founded as a rival to Formspring. Because of the anonymity it encourages extremely nasty questions and is used extensively to bully and harass. Best to avoid as nothing positive happens here.

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**CYBERBULLYING FACT SHEET**

**Cyberbullying** can be described as any harassment, insults and humiliation that occurs through the electronic media such as email, mobile phones, social networking sites, instant messaging programs, chat rooms, web-sites; and, through the playing of online games.

**Forms of Cyberbullying can include:**
- Harassing and threatening messages.
- Sending nasty SMS, IM’s pictures or prank phone calls.
- Using person’s screen name or password to pretend to be them.
- Forwarding others’ private emails, messages, pictures or videos.
- Posting mean or nasty comments or pictures.
- Sending sexually explicit images – ‘sexting’.
- Intentionally excluding others from an online group.

**What can I do if my child is being cyber bullied?**
- Do not be angry with your child – remember that they are the victim and it is someone else doing the wrong thing.
- Praise them for coming to you – this is a big step as most children are frightened to tell a parent about cyberbullying.
- Save and store the emails, chat logs or SMS’s in case of Police investigation.
- Help your child to block and delete the bully from all contact lists.
- Do not respond to nasty emails, chats, SMS or comments – this is what the bully wants so ignore them. (They will need your help to do this.)
- Use the ‘report abuse’ button which all websites/applications have. Tell them the problems you are having and they are obligated to investigate.
- Have some ‘down time’ without computer or mobile (do not do this as punishment, rather as some peaceful time where they are not being bothered).
- If unwanted contact continues, consider deleting email, msn, Hotmail etc and start a new account. Only give your details to a small list of trusted friends.
• Get a new phone number if being harassed on your phone. Report the problem to your phone company and insist on a new number for free.
• Inform your child’s school. It is important that they know what is going on so that they can monitor any issues at school.
• If ongoing, report to Police. Each state has laws that prohibit online bullying and stalking. You don’t have to put up with it.

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Early Intervention and Therapy EXPO

SAVE THE DATE

Saturday 13 September 2014

NOTICE TO

PEOPLE WITH DISABILITIES AND DEVELOPMENTAL DELAYS
AND THEIR FAMILIES, FRIENDS and CARERS

The ACT Government invites you to a one-day expo showcasing Early Intervention and Therapy services available in Canberra.

10.00am – 4.00pm

Saturday 13 September 2014

EPIC

The EXPO will provide an opportunity for people with disabilities, their parents and carers to find out more about the range of therapy and early intervention services available in the ACT.

The EXPO will include:

• Early Intervention program providers
• Individual Allied Health providers including speech therapy, occupational therapy, physiotherapy
• Community organisations with experience working in NDIS trial sites
• Workshops and presentations by service providers and community organisations
• Representatives from the National Disability Insurance Agency
• Child-friendly spaces including a quiet corner and café
• Accessible parking

For further information regarding this event please email ndis@act.gov.au