Alfred Deakin High School is built on the traditional lands of the Ngunnawal people. We acknowledge the traditional owners of this land and pay our respects to their elders, past, present and future.
Welcome back to Term 4. Like other students and staff I also have just returned from travelling overseas to Italy and to Germany, and I extend my thanks to David Briggs and Alex Nagy who very capably led the school in my absence. We also welcomed home students and staff from their trips to Japan and to the Top End. Both trips were extremely successful and I know that you and I appreciate the additional work that our eight staff undertook to make these extraordinary learning opportunities happen for our students. Thankyou to Cameron Foster, Ingrid Jaugietis, Shizuko Barber and Richard Fox (Japan Trip) and to Crtomir Kores, Cara Irvine, Elena Ivanova and Ziggy Mosessen (Top End trip). Next year we have a trip planned to Italy and France to visit sites associated with the anniversary of World War 1.

It is most unfortunate that we have had to postpone the Athletics Carnival on two separate occasions due to inclement weather. Students have expressed their disappointment and have actively sought to replace the missed opportunity with an experience that mirrors the community (and competitive) spirit that an athletics carnival provides. We are investigating this, and will bring you news of the outcome soon.

The Action All Areas (AAA) will be held for the second time in the Performing Arts Centre at Canberra College (CPAC) over two nights next week – Monday and Tuesday. This event attracts a huge audience and more than 200 students will perform dance, original songs, short film, circus, Orchestra and ‘one act’ plays. I am looking forward to it – if you don’t yet have tickets please contact the school quickly as they are selling fast and we have limited seating on each night.

We are moving towards the busy time of the term with numerous events and excursions, along with many assessment tasks due. I would ask all parents to impress upon their children the importance of organising their study habits and work times. Things often become hectic at the end of the year as assessment items fall due, and it is important that students avoid stress by careful planning and consistent work throughout the remaining weeks of the term.

I take this opportunity to remind Year 6 prospective parents of the GAFE forum on 26th November at 5:45 – 6.45pm. The time is within the time frame of the Year 6/7 Disco and supper will be provided. This parent forum will introduce new parents to the online learning environment at ADHS, how students and staff coordinate their learning materials and submission of assignments, and how parents can be a part of this through the Parent Portal accessible from our website.

We recently received the summary results of our annual Satisfaction Surveys and School Climate survey. Thank you to the many parents who took the time to provide feedback on issues that are important. Some of the questions have changed from last year but we are delighted with the results. We are currently reviewing our progress in the first year of our four-year School Improvement Plan and of the 2014 Annual Operating Plan. The surveys are significant in identifying areas of successful practice across the school, as well as areas for improvement.

ADHS is very keen to ensure we have very effective communication with parents and we are keen to solicit feedback from parents on how we might better engage with parents. Communication strategies we currently employ include:

- Comprehensive website, regularly updated
- Our newsletter, The Deakin Digest, is published on the school website three times a term and parents are informed via email
- Tutor Group teachers phone home at the commencement of the school year
- Parent Forums on specific topics – next is in Week 6 on GAFE@ADHS for all parents.
- Interest group meetings such as overseas excursion groups
- Twitter, Facebook and G+ streams accessible on the website.
- Parent Portal - Google online learning platform (GAFE)
- ADHS Youtube channel – information videos on details of ADHS life.
- Parent-Teacher evenings in Terms 1 and 3
- Progress reports are issued in Terms 1 and 3.
- End of semester reports are issued in Terms 2 and 4.
- Meetings with parents held on request
- Daily checksheets and progress checksheets as negotiated with Year Coordinator
- Emails/phone calls on events, student progress and absences as required.

What else can we do to ensure we keep you informed on your child’s progress, on education and other issues at our school? Please take time to phone or to write me an email in the coming weeks. I will revisit this topic again in 2015. I look forward to hearing from you soon.

With the arrival of warmer weather, it is timely to revisit our school’s value position in relation to student dress. Contained in this edition of the Digest...
is an extract from the webpage which describes our current dress code, which in turn may inform discussions at home. The support of our community is critical in ensuring that, as a school, we reflect workplace dress standards. As always, we welcome input from our parent community on this (and any other) topic.

I write regularly in this Digest to express how proud I am of the quality teaching staff at ADHS and gratitude for the additional work they undertake to provide exceptional educational opportunities for our students. This week I was delighted to receive two letters from parents (see below), one from a parent who attended our last assembly and one from a parent who went with the ACT student representatives to the “Tournament of Minds Pan-Pacific Finals” and assisted in supervision.

Parents are welcome to attend our assemblies. These are highlights on our school calendar and eagerly anticipated by the school community for the quality presentations, awards and celebrations of our life at school and our achievements. Our next assembly is on Wednesday, 12th November. Please phone the school on 6142 3888 to let us know you would like to attend.

And finally, I received this letter from a parent who assisted Anissa in Melbourne with the Tournament of the Minds:

The team from Alfred Deakin exhibited a level of maturity that far surpassed their years as they worked their way through a surprisingly gruelling schedule. While I had already realised that the majority of finalists had come from the private school arena, I was still surprised to hear just how seriously most of them take the tournament. Listening to other teams talk about entire weeks taken off at a time to prepare, I came to truly understand the accomplishment made by our contingent. The rapport between our team and their facilitator, Anissa Jones, made it obvious to me the kind of effort she has poured into these young minds. Ms Jones is a credit to the school, and as a proud Dad, I just wanted to thank you for supporting her in this endeavour.

Belinda Bartlett
DATES TO REMEMBER

**OCTOBER**

Week 3
- Mon 27: Yr 7 & 9 Immunisations
- Tues 28: AAA CCPAC
- Thur 30: Yr 6 Testing alternate day
- Thur 30- Fri 31: “Wicked” – Sydney

**NOVEMBER**

Week 4
- Tuesday 4: ACTSS Boys T20 cricket

Week 5
- Wed 12: Assembly
- Thurs 13- Fri 14: Outdoor Ed camp
- Fri 14: Digest on website

ADHS PROCEDURES FOR STUDENT ABSENCE

Parents/Carers are reminded that they are to notify the school via email, note or phone call as soon as possible when the following occurs. If a student is:
- late (preferably on the day) via note, email or phone
- absent (preferably on the day or as soon as they return),
- intending to take leave (preferably in advance with dates and may need approval from the Principal)

and that a medical certificate could be required for leave of a week or more. It would be helpful if parents did not wait for staff to have to contact them as this is resource intensive, taking teachers away from the time for teaching and learning.

Thanks for your support

ADHS DRESS CODE – 2014

Clothing worn should:
- protect students from hazards in classrooms and corridors outside including the weather
- show respect for the sensitivities of different cultures represented at the school
- reflect standards determined by the community NOT individuals
- reflect workplace dress standards.

1. Students need to wear footwear to school that provides adequate protection in all school environments – practical areas, classrooms, corridors and the playground. Footwear needs, therefore, to be secured to the feet, provide full coverage of feet from toes to the top of the instep and have a solid sole at all times. Thongs are unsafe at school as is any loose fitting footwear.
2. Jewellery should be unobtrusive and not pose a threat of injury or harm to the wearer or anyone else.
3. All students, male and female, are to wear tops that cover the entire shoulder and the upper section of the upper arm as a minimum.
4. Females should wear tops that cover up cleavage and do not expose bra straps.
5. Tops should prevent bare torsos from being visible.
6. Waist-down attire needs to be in line with the fingertips when arms are extended straight down.
7. Slogans and images that cause offence are not permitted.

REPORT ON THE JAPAN TRIP 2014

What a memorable, successful trip we had! It was a very fruitful two weeks filled with lots of fun. No-one was injured or sick and we managed to do everything as scheduled. Students saw, listened, smelled and touched things as we moved and they made huge progress in terms of language skills by immersing themselves in the authentic environment and historical-cultural studies. We teachers also believe that students experienced huge personal growth.

Everywhere in Japan, they slept with yukata on futon bedding on the tatami floor; tasted a variety of authentic Japanese food and drinks; communicated with local people in Japanese; cheered the baseball team (their photo came up on the screen of the
Kyosera Dome!); climbed up on the hills and mountains and enjoyed homestay. We heard lots of laughter throughout the trip. Local people commented how good our students were everywhere we went and as their teachers, we are very proud of them.

Our sister school, Tomioka-Higashi HS decided to focus on a sister-school relationship only with us. This is a result of the excellent programs we mutually developed.

Students are now working on the reflective essay and post-trip survey, which we are looking forward to reading. For this huge success, a big “thank-you” goes to all Japan Trippers, and especially to the following Year 10 students for their special contributions toward the “Introduction of Australia” presentation in our sister school. They are: Lillian Rowland, Matilda Dowse, Ruby Thomas, Juliet Contreras and Evie Friedrich. Your leadership has been much appreciated! 😊

Shizuko Barber on behalf of Richard Fox, Cameron Foster and Ingrid Jaugietis.

**JAPANESE NEWS**

日本語 にほんご Nihongo
みなさん、こんにちは！ おげんきですか？
**Term 4におかえりなさい！！**

Welcome back to Term 4, Japanese classes! Students look very happy, smiling, well rested and recharged with energy for the last term of this year. We will be having another busy and productive term.

**Japan Trip 2014 Presentation in the Assembly**
Thank-you, Japan Trippers! It was a wonderful presentation. As part of the Year 10 Leadership Program, Isobel Oon, Jasmine Law, Klara Johansson-Cranfield, Miriam Downey and Matilda Dowse organised the entire presentation in the assembly on Wednesday, 22nd October. Well done!

**Post Japan Trip 2014 Party えんかい**
Twenty eight Japan Trippers and their parents are cordially invited to our Post Japan-Trip Party、えんかい、on Monday, Week 4, 3rd November 2014. Students need to come to school at 4.30pm for the preparation and parents are to arrive at 5.30 pm. This will conclude our Japan Trip Program so please mark this day in your calendar.

**Canberra-Nara Candle Night Festival 2014**
The annual Candle Night Festival is on Saturday, 25th October this year. This year, we commemorate the
21st year of the sister relationship with Nara. The embassy of Japan and the community of Canberra jointly organise all sorts of activities and showcases including a martial arts demonstration. Gus Haddad, Year 9, is presenting his Iaido performance as he did last year. Plenty of food and drink are available. Entry is free and everyone is welcome! http://www.events.act.gov.au/nara

Shizuko Barber
Japanese Teacher

POJOK BAHASA INDONESIA - INDONESIAN CORNER

Semester 2 has been busy for students of Indonesian! The Year 9/10 class undertook some leadership activities at local primary schools and all students had the opportunity for excursions. We combined the Year 8, 9 and 10 classes for a lunch outing to Kopi Tiam Restaurant, Manuka and ate our way through a fabulous banquet of rice, noodles and other tasty dishes.

Last weekend saw students demonstrating the ‘poco-poco’ line dance at the Festival Indonesia and meeting the Indonesian Ambassador, Bapak Najib Riphat Kesoema and his wife, Ibu Nino Najib Riphat.

From the Year 9/10 class
Earlier this term, the 9/10 Indonesian class went to visit the kids at Curtin Primary School. It was really exciting to see how entertained they were with our activities. We did three different activities with the 5/6 class and played an Indonesian version of ‘In the river/on the bank’. We also played a noisy blindfolded game which was fun.

Recently we have been working with directions. A game we played was blindfolding our partner and leading them around the school using Indonesian. This included going up and down some stairs, and making them perform some wacky activities. We were not allowed to touch or speak in English to our blindfolded partner, which proved to be quite difficult and dangerous at some points, but it did make it more fun. On 9th September we went to Forrest Primary for some Indonesian games with Year 1 and 2 students. Not only was this great fun for us and the kids, but it allowed us to work on our language and leadership skills.
All students of Indonesian were invited to the ANU for the Indonesian Open Day run by the AIYA (Australian Indonesian Youth Association). There were different workshops and opportunities to try, such as dance, cooking and music. They also had time with academics, university students, kids from other schools and many Indonesian volunteers. The bus trip was interesting too, as Ibu Kirsten made us all sing songs. Luckily, the bus driver loved it!

Kirsten Stobbe
Indonesian Teacher

F1 in Schools Race Day
September 24th RACE DAY at ADHS! The F1 in schools class raced their cars to qualify for the ‘F1 in Schools’ state final. Students, in teams of four, designed and produced a CO₂ propelled car made from Balsa Wood and then raced them over a 20m track. The cars were routered at ADFA to give the students the best advantage of aerodynamics and meet the ‘F1 in Schools’ Competition regulations. We were privileged to have Dr Warren F Smith from the School of Engineering and Information Technology at University of New South Wales, ADFA to administer the in-school knockout.
The F1 teams were assessed on: Engineering Scrutineering, Portfolio judging and Verbal Presentations. The teams are Taipan Racing, Swift Silver Foxes, Team Drift, Pixel Racing and Team Airflow. Team Airflow won with the fastest car. Well done Angus Ricketts, Jerome Simbahan, Petar Zeljkovic and Anthony Koutsoukos!!!

The third of the Year 7 Design and Technology rotations used the F1 track to race the CO₂ Propelled cars they designed and built in class. The quality of workmanship and finish in the cars demonstrates that they have strong engineering skills to lead into the F1 in schools class in the years to come. The competition was intense between the two Year 7 classes, Mr Brazier’s class raced first with Mrs Hopman’s class racing second and intent on beating the times. I’m pleased to announce that Mrs Hopman’s class had the fastest cars. The fastest was Jasper Ferguson’s with a time of 1.85 seconds. Well done Jasper!!!

I would like to congratulate all of the students that participated in the Race day and look forward to seeing the next wave of Year 7 cars and the F1 in schools cars that are developed from this day. I would also like to thank the numerous people that assisted with the day running as smoothly as it did including the team of Year 10 boys who ran the track all day:

Adam Nurbasari, Jacob Hepburn-Roy, Marc Smith and Stephen Broadbent.

Intel Galileo Boards
Alfred Deakin High School has just taken possession of 10 Galileo boards courtesy of a CSIRO project which is trialling Intel Galileo boards for use in schools. A Galileo board is a microcontroller board that will allow our students to add hardware and create software programs for a variety of applications. The circuit boards are compatible with the traditional
Arduino boards and is the latest model to be released by Intel. Mrs Abdine and ADHS were lucky enough to be presented with some of the first boards to be released to schools in the world.

Our advanced programming class will be taking the lead and will be creating and building many things including: a talking clock; automatic light; display LCD; thermostat and Photovore (a robot that goes to the brightest source of light). This is also an exciting innovation in Computing at Deakin, helping us move from the world of traditional programming and into robotics and programing for the future.

National Computer Science Schools challenge
Students participated in Sydney University’s National Computer Science Schools challenge, which is a computing competition that ran from Monday 4th August, until Sunday 7th September. Notes were released each week which contained information needed to complete each week’s programming challenges. Over 7000 high school students from across Australia and the world participated in the challenge. Our students did extremely well, particularly Daishi Adams and Brandon Gounden from Year 9. These students participated in the advanced section of the programming challenge (recommended for Year 12 students) and came in 34th and 35th place and Jordan Loplato, Year 10, who came in first place for his age group. Congratulations!

Metal Work – Go-Karts
Students studying Advanced Metalwork are currently welding chassis for go-karts. These rolling vehicles will be pitted against each other in a downhill race at the end of the term. A side project in this unit sees Marc Smith and Steven Broadbent designing and fabricating a chicken run and nestling box for the Early Education Centre in Deakin. An excursion to the ACT Government’s waste management and recycling centre is happening shortly to scrounge for materials for both projects.

Publications
The Publications class is in the thick of Yearbook production. Students are working industriously in teams to skillfully combine image and text as they make up the 144 pages of this year’s book. Showcasing the entire school year in a single document is a huge task; fingers crossed all goes to plan and they meet the fast approaching print deadline.

Jenny Feltham
Executive Teacher Technology and Information Technology

Are you interested in becoming involved in a community group based around the ADHS horticultural plot? An inaugural meeting will be held in the glasshouse from 4:00- 5:00 pm on Thursday 30th October.

If you are unable to attend but are still interested you can contact Mr George Parkes at george.parkes@ed.act.edu.au or you can ring on 61423901. Looking forward to meeting all interested community members.

George Parkes
Science Teacher

Google Apps for Education has released a range of new add-ons that can help students write better essays and stay more organised. Basically, they come in two different ways: The Chrome Web Store and Add-ons. The Chrome Web Store has thousands of apps and extensions that you can use to research, organise and present your work. A couple of free ones that I use all the time are One Tab and Evernote.

One Tab is for those times when you are researching and have lots of tabs open - and then something calls you away. You click one button and it saves all of your tabs into one space. Handy!

Evernote is an amazing app - so amazing that I don’t know how to start describing it! Basically, you collect information - websites, notes, pics - almost anything! You can then organise those ideas, themes and add tags. In terms of research, it allows you to take that next step after collecting information for a research task, to organise and synthesise your ideas. Have a play with it!
On another front, did you know that ADHS has its own channel on Youtube? We've already got lots of great videos up and there are many more to come. You can find us by searching 'Alfred Deakin High School' (that whole phrase). To make sure you always get the latest videos, click 'subscribe' on the left side of the page and you're all set. Enjoy!

Cameron Foster

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**YEAR 10 NEWS**

As the year is nearing an end, I would like to inform you of the dates of end-of-year activities for Year 10 students. Closer to these events, times and schedules will be available.

The first two dates in Week 1 and 2 were held at school. Students met with representatives from Canberra and Narrabundah College to discuss their subject selections. Students who are attending other colleges will need to make an appointment with the college to complete course enrolments, if they haven’t already done so.

In Week 7, students will be able to check their grade results. If they have any concerns they can have them re-checked.

If you have any further questions please feel free to contact me by email james.love@ed.act.edu.au or by phone 6142 3900.

**IMPORTANT DATES FOR THIS TERM**

**Week 7 – 28th November**
Final Year 10 grade check

**Week 8 – 3rd December**
Farewell Assembly, Big Splash Excursion, Last day of school

**Week 9 – 9th December**
Year 10 Formal at Old Parliament House

**Week 9 – 10th December**
Graduation and Presentation night

James Love
Year 10 Coordinator

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**YEAR 10 TRANSITION TO COLLEGE**

Towards the end of last term two teachers came from Narrabundah College and Canberra College to speak to small groups of Year 10 students about life and study at College. Their talks were aimed at demystifying College and making the transition into College for our Year 10s as seamless as possible. Students were given the opportunity to ask questions of the teachers about subject choices or prerequisites for further study at University or CIT.

Both teachers emphasised the need to use the free time at College to study and not just for coffee or socialising. The general guidelines are that students should aim to do at least 4 hours of homework per subject a week. There will of course be times where there is not much homework but at other times there will be a lot. In order to manage assignments, students are encouraged to set up a homework plan. The message was also to keep a healthy balance between study and relaxation, and particularly to maintain sport or exercise as a way of relaxing and beating stress. “You need to be happy and healthy, physically and mentally, to be successful.”

To do well, students should work consistently throughout the whole unit and take advantage of the assistance offered with essay writing, Maths tutorials or study-skills seminars. It is a very competitive environment and students who have coasted in Years 9 and 10 will find the work load much greater than at high school.

Students must also attend all classes, if they miss 10% without sufficient reason they may “void” the unit.

The advice given was practical and helpful and should reassure students that, with good work habits and self-discipline, success at college is within every student’s reach.

Christine Bowen

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**TIMMS 2014**

A number of Year 8 classes have been selected to take part in the *Trends in International Mathematics and Science Study (TIMSS)* this term. TIMSS is an important educational research project investigating student achievement in mathematics and science. More than 60 countries, including Australia, are participating in this study.
TIMSS is an important activity to keep us, as parents and citizens, informed about how students in Australia are performing in comparison to their peers in other countries and to compare programs of study and teaching practices. We will be able to obtain current national and international information which will help improve the teaching and learning of Mathematics and Science in our country.

Selected students will do an assessment in Mathematics and Science and complete a questionnaire about their experiences at home and school. There is no need for students to study specifically for the assessment as it will not affect individual students’ grades or progress in school.

Selected students will do an assessment in Mathematics and Science and complete a questionnaire about their experiences at home and school. There is no need for students to study specifically for the assessment as it will not affect individual students’ grades or progress in school.

Year 8 students at Alfred Deakin High School will participate in the test scheduled for Monday November 3rd 2014.

**MATHS FACULTY**

**Maths Stars** recognise students who have demonstrated outstanding performance or effort in their Maths learning.

**Year 7**
- Nina Sikoulabot
- Imran Sadovic
- Freya Boustead
- Jackson Geerdink

**Year 8**
- Susan Abdine
- Paras Notaras

**Year 9**
- Hayley McLachlan
- Alex Downe
- Fergus McCook

**Year 10**
- Byron Hewson
- Sophie Morrissey
- Loveish Beessoo

Alex Nagy
Executive Teacher Maths

**YEAR 8 ELECTIVE SELECTIONS FOR 2015**

This term we will be working with our Year 7 students on a process to select their elective courses for 2015. Early in Week 3 all Year 7 students will attend an information session, which will detail elective offerings as well as the online selection process. Students will then receive an access code and instructions for entering their preferences online. A receipt will then need to be printed and signed by parents before being returned to CENTRAL for verification.

This process will need to be completed by **Friday 7th November (end of Week 4)**. Computer labs will be open during selected lunchtimes where assistance will be provided to students to complete their selections. Course information will be published on the ADHS webpage, as well as on the Web Preferences site (http://submitpreferences.com.au).

Students will be required to complete a minimum of one Technology subject and one Arts subject from a range of semester length elective courses. They will need to register four selections to allow for timetabling and class formations. Students will have the option of continuing to study a Language for the full year, or a single semester. French, Indonesian and Japanese will continue to be offered at ADHS in 2015. New for 2015 will be Italian (numbers permitting).

**Elective offerings for Year 8 in 2015 include:**

<table>
<thead>
<tr>
<th>Languages</th>
<th>The Arts</th>
<th>Technology</th>
</tr>
</thead>
<tbody>
<tr>
<td>Indonesian (year)</td>
<td>Visual Art (year)</td>
<td>Design (year)</td>
</tr>
<tr>
<td>French (year)</td>
<td>Dance (year)</td>
<td>Technology (year)</td>
</tr>
<tr>
<td>Japanese (year)</td>
<td>Drama (year)</td>
<td>Nutrition &amp; Food (year)</td>
</tr>
<tr>
<td>Italian (year)</td>
<td>Music (year)</td>
<td>Studies (year)</td>
</tr>
<tr>
<td>Indonesian (semester)</td>
<td>Media (year)</td>
<td>Computing (semester)</td>
</tr>
<tr>
<td>French (semester)</td>
<td>Textiles (semester)</td>
<td>Horticulture (semester)</td>
</tr>
<tr>
<td>Japanese (semester)</td>
<td>Orchestra (year)</td>
<td>Digital (semester)</td>
</tr>
<tr>
<td>Italian (semester)</td>
<td>(year)</td>
<td>Photography (year)</td>
</tr>
</tbody>
</table>

If parents or students require more information, please contact:

Alex Nagy  
Executive Teacher MAZE

David Briggs  
Deputy Principal Curriculum
CIT – FLEXIBLE LEARNING OPTIONS

During Term 3 ACT ETD students were offered the opportunity to participate in CIT ‘taster’ courses. Four Alfred Deakin High School students enrolled in either hairdressing or IT-avatar courses. They spent one half-day each week for nine weeks on site at CIT participating in their chosen learning option. Much of the learning is ‘hands-on’ and practical.

All ADHS students graduated at the end of the course and some have been inspired to seek further participation in these industries in the future.

TOURNAMENT OF MINDS 2014

Tournament of Minds, or ToMs, is an academic enrichment program that runs for six weeks. The students are to solve a challenge in groups no bigger than seven and present their findings to a panel of judges. In 2014 there were 50,000 students across Australia, Thailand and New Zealand who participated, with the top 1% representing their state/territory or country at the Australasian Pacific Finals in Melbourne.

Our motto at Alfred Deakin High School is ‘to have fun’. The challenge can be quite stressful at times; however, we endeavour to support one another and be the best that we can be. It is because of this that we have represented the ACT at both the Perth (2012) and Melbourne (2014) APFs.

On Sunday 7th September, 26 students attended the Southside Tournament of Minds (ToMs) competition at the Manning Clark Theatre, ANU. The students were in four teams across four disciplines – Social Sciences, Maths Engineering, Applied Technology and Language Literature. The students were fantastic and their presentations received excellent feedback from the judges.

Of our four teams, our Maths Engineering and Applied Technology made it through to the ACT Finals on 21st September. They were only the Southside Government High School to go through. Our Maths Engineering team were successful and, with the rest of Team ACT, they attended the Australasian Pacific Finals in Melbourne on 18th-20th October.

At the APFs, ToMs Victoria included a ‘Survivor Challenge’ which involved a scavenger hunt at the Melbourne Zoo and both a photo and a team photo challenge. All teams who entered the team photo challenge saw their photos at the Open Ceremony at the State Hockey and Netball Centre. Both the
competition day and Closing Ceremony were held at La Trobe University. Our Maths Engineering team were fantastic in their approach to the APFs but were unable to take home the trophy or honours. However, the skills that they have learnt will assist them with their challenges in 2015.

For our Year 7 2015 cohort reading this newsletter, we will be holding tryouts early in Term 2 with the teams finalised before the start of Term 3. We aim to match or better our 2014 results and look forward to representing ADHS and the ACT at the 2015 APFs in Sydney.

To all parents, students and staff who have supported us this year, we thank you. Without your support, this program would not be possible.

Anissa Jones
anissa.jones@ed.act.edu.au

Our APF Maths Engineering team were: Chelsea Hall, Kayla Hemsley, Jo Limsiaco, Noah Aziz-Parker, Jack Larmour and Max Callaway.

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**CANTEEN NEWS**

Our Term 4 Canteen Menu is attached later in the Digest. The last day for online canteen orders will be Friday 3rd December.

Debbie Tobin
Canteen Manager

Proudly sponsoring the ELEMENTS girls
**YEAR 10 POLO SHIRTS for 2015!!!**

If you would like a Polo Shirt for the warmer months next year, come down to the Food Technology Staffroom to try on sizes.

Sizing kit available will only be available from Wed, 22 Oct through to Fri, 31 Oct.

Cost of polo: **$42.00**  Navy body, sky blue detail

Tops will have the nickname on the upper back
Front LHS: Embroidered Deakin Unicorn Logo with ‘Alfred Deakin High’ written above logo; ‘Year 10’ written below logo
Front RHS: Embroidered ‘Class of 15’

You **must** log your details, online, using one of these links

Payment: Credit card payment **ONLY** online or cash/cheque **ONLY** at Finance.

If we receive over 100 orders/payment for the polo shirts, there will be a **“lucky draw prize”** where 5 polo purchasers will have the opportunity to have the cost of their polo shirts refunded

The draw will occur after the **final date of payment (Fri 21 Nov)** so everyone gets a fair chance to win.

If you require further details, please see or ask me

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### Alfred Deakin High School Canteen Term 4 2014

#### RECESS SPECIALS

<table>
<thead>
<tr>
<th>Sandwiches/Wraps/Roll</th>
<th>Hot Food</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fresh Fruit $1.20 g</td>
<td></td>
</tr>
<tr>
<td>Mini Fruit Salad $1.20 g</td>
<td>Sweet chilli chicken, g</td>
</tr>
<tr>
<td>Pizza Toast $1.30 g</td>
<td>Chili tender with lettuce &amp; mayo</td>
</tr>
<tr>
<td>Cookies $0.50 r</td>
<td>Tandoori chicken g</td>
</tr>
<tr>
<td>Muffins(canteen made) $1.50 a/r</td>
<td>Chicken,cucumber&amp; mint mayo Sauce</td>
</tr>
<tr>
<td>Savoury Bowl $2.00 g &amp; crackers</td>
<td>Meatball Roll g</td>
</tr>
<tr>
<td>Dip with celery,carrot,cheese</td>
<td>Pre Made-Chilled</td>
</tr>
</tbody>
</table>

#### HOT FOOD

<table>
<thead>
<tr>
<th>Pre Made-Chilled</th>
<th>Recess Specials</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fresh Fruit $2.50 g</td>
<td></td>
</tr>
<tr>
<td>Salad $2.50 g</td>
<td></td>
</tr>
<tr>
<td>Green-lettuce,tomato,carrot cucumber,celery</td>
<td></td>
</tr>
<tr>
<td>Meat salad $3.50 a/r</td>
<td></td>
</tr>
<tr>
<td>Green Bowl plus Chicken or ham</td>
<td></td>
</tr>
<tr>
<td>Pasta salad</td>
<td></td>
</tr>
<tr>
<td>Chicken Caesar salad(with ham) $3.50 a</td>
<td></td>
</tr>
</tbody>
</table>

#### DAILY SPECIALS

<table>
<thead>
<tr>
<th>Monday</th>
<th>$3.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jacket Potato</td>
<td>g</td>
</tr>
<tr>
<td>Sweet chilli chicken</td>
<td>$4.00</td>
</tr>
<tr>
<td>g</td>
<td>with coleslaw/cheese</td>
</tr>
<tr>
<td>Chili tender</td>
<td>g</td>
</tr>
<tr>
<td>or mince/cheese</td>
<td>g</td>
</tr>
<tr>
<td>Tandoori chicken</td>
<td>g</td>
</tr>
<tr>
<td>Choice of lettuce/mayo</td>
<td>coleslaw/cheese</td>
</tr>
<tr>
<td>Chicken Schnitzel Burger</td>
<td>$4.50</td>
</tr>
</tbody>
</table>

#### HOT FOOD

| Fried rice/Chick piece | $4.00 g         |
| canteen made rice/chicken/sauce |                  |
| CHICKEN/ RICE $3.50 g |                  |
| canteen made chicken dish & rice |                  |

#### PIZZAS -

| Canteen made          | $3.00            |
| Ham/pine/tomato base  |                  |
| a/g Chicken/onion/capsicum |              |
| Veggie-Tomato base/onion capscicum/pineapple |            |

#### DRINKS

<table>
<thead>
<tr>
<th>Milk,Water, Juice $1.00- $4.50</th>
<th>Caneke made</th>
</tr>
</thead>
<tbody>
<tr>
<td>g= enjoy always</td>
<td>Ham/pine/tomato base</td>
</tr>
<tr>
<td>a= enjoy sometimes</td>
<td>a/g Chicken/onion/capsicum</td>
</tr>
<tr>
<td>r= enjoy rarely</td>
<td>Veggie-Tomato base/onion capscicum/pineapple</td>
</tr>
</tbody>
</table>

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**If you require further details, please see or ask me**

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Jervis Bay School is Celebrating 100 years

Saturday November 1st 2014  9:00 to 2pm

Booderee National Park, Village Road Jervis Bay (Near Creswell)

Fun For All

- St George Illawarra Dragons
- Wreck Bay Aboriginal Community
- Booderee National Park
- Australian Federal Police displays
- Navy Rock Band and Navy Displays
- Navy Sea Cadets
- Anglicare Black Duck Service
- University of Wollongong (Shoalhaven Campus) fun shows
- University of Canberra exiting activities
- Bay and Basin Community Radio
- Market Stalls
- Scottish Piper
- Chocolate Wheel (great prizes on offer)
- Men's Shed
- Food Stalls
- Heaps of free and fun activities for kids
- Jumping Castles

- Lions Club
- Marine Rescue
- Science Shows
- Creswell Tours
- Drumming
- Art and Craft Displays

Official Welcome and opening of Time capsule 10:00 am

Reunion Dinner for Saturday night—Club Jervis Bay $20 Please contact school for details. 44421002

If only coming to the Celebrations No park fee applies
ACT Community Language Schools Day 2014

The Canberra community are invited to come along and join a day of celebration organised by the ACT Community Language Schools Association with the support of the ACT Government through the Community Language Schools Program.

55 Community language schools and playgroups that teach 40 languages across Canberra will gather together during Children’s Week to celebrate and share their learning through displays and performances. There will be games and activities with the assistance of ACT Bilingual Education Alliance plus several schools will be cooking some of their traditional foods for you to purchase.

When: Saturday 25 October 2014
Time: 2.00pm – 6.00pm
Venue: University of Canberra Refectory, Bruce
Cost: Entry and activities are free. Multicultural food will be available for purchase.

For more information contact: ACT Community Language Schools Association 6230 5191
e-mail: admin@actclsa.org.au